

Abundant Living – Part 2 of 2

Discussion Questions

1. If you started a vision statement this last week, please share with the group your vision or what you have so far. Sharing your vision will help others to hone their vision.
2. Why does trying real hard so often fail? Why is training so important for success in any area of life?
3. Do you have anyone in your life with whom you have no secrets? For those who do, please share how that has impacted your life? For those that don't, if you have found experiences or disciplines as means or methods of spiritual growth, please share one.
4. As yourself, "Am I more or less easily irritated these days? Am I growing more or less easily discouraged?" what is your answer?
5. What is your takeaway from this session?

Notes:

Key Points:

- Intention is a settled decision or commitment.
- To train means, I arrange my life around those activities through which I receive power to do what I cannot now do by direct effort.
- Spiritual disciplines are not thing I do to earn brownie points with God. They are not a measure of how spiritual I am. They are the means to an end, they are not the end.
- I can only be loved to the extent that I'm known. I can only be fully loved if I am fully known.
- The goal of disciplines is always freedom.

